



Sound Touch Module

An Introduction

This module introduces the key elements of INNER SOUND the INNER SOUND motifs. In musical terms, a motif is a short musical phrase made up of several notes that create a distinctive rhythmic pattern. INNER SOUND is a sound healing system based on relative movement.

INNER SOUND motifs have a simple musical structure using a variety of scales including the pentatonic (five-note scale), some of the Greek modes and the Western diatonic scale.

- The motifs help areas in your system to remember their basic movement of expansion or contraction, whichever is necessary
- Depending on which instruments are used to play the motifs, aspects of you are touched - whether mental, emotional, physical or energetic.
- INNER SOUND motifs can help you create movement and change regardless of where you may be in your personal development
- INNER SOUND motifs help liberate trapped or blocked energy without proposing an external structure of how you should be or act or in what direction you should develop,

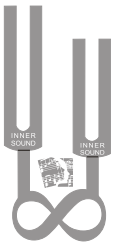
Course Content:

Introduction & practical exercises using
21 musical motifs
12 Life Themes

Sound Touch forms part of the INNER SOUND Practitioner Training. It can also be used as an independent tool for personal and/or professional use.

Module fee includes study manual & Sound Touch CD.

16 hours/ 16 CPD Points (2 days)
Prerequisites: None.



Directions:

- * By Car: A316 from Richmond. Turn left on A310 at Twickenham roundabout. Turn left at traffic lights, passing Twickenham Train Station. Take right-hand at next set of traffic lights (opp. The Cabbage Patch pub). Follow road and take 2nd left into Queens Road. 15A is on the right-hand side of the road, shortly after entering Queens Road.

Pay and display car park at opp end of Queens Road (turn right at end of road and follow signs) approx 5 mins' walk from 15A.

- * By Train: From Waterloo Mainline Station, take South West Trains to Twickenham Station (direction Reading/Windsor). Journey time approx 20-30 minutes, depending on fast or stopping service.
- * By Tube: District Line to Richmond, then change to SW Trains to Twickenham Stn, Silverlink to Richmond, then change as above.
- * By Bus: various services to London Road or Heath Road, follow directions to 15A Queens Road

Exit Twickenham station, turn left and walk to 1st set of traffic lights. Cross London Road at The Cabbage Patch pub. Take short-cut next to pub, cross Grosvenor Road and follow path to Queens Road. 15A is opposite the path exit.



SOUND TOUCH BOOKING FORM

An Introduction To SOUND TOUCH (21 INNER SOUND 'Motifs' & How to Use Them)

**Price: 150.00
(Includes: Manual & CD)**

Course Hours: 10.00am - 6.00pm (2 days)

Course Dates 2009:

Sat June 6 - Sun June 7 -
Sat Dec 12 & Sun 13 -

Venue:
15A Queens Road, Twickenham
Tw1 4EZ

Contact Tel:
0208 891 3798

Class sizes are limited so please register promptly
Please complete your details and post them with your remittance to the address below.

Name _____ Phone _____
Address _____
_____ Postcode _____

Payment:

Please include a cheque made payable to: INNER SOUND with your completed form.

Send to

Sheila Hill, Inner Sound (Arden Wilken) Ltd, 15A Queens Road, Twickenham TW1 4EZ
www.inner-sound.co.uk